

STOP.

DO NOT print until you READ this page.

All Permission Form Signatures must be witnessed by Kehler's Gymnastics Center Inc. Adult staff over 18 years of age.

This form is only here for those who wish to have it **NOTARIZED** in place of the KGC witness.

We do NOT suggest that you notarize the form, but rather that parents **come to the gym 15 minutes** before your first day at KGC.

(Or if necessary, at another time when our office is open).

Do not fill out this form ahead of time to bring with you. We will give you a form on card stock.



Directions for those who wish to use a notarized form:

a. Fill out all appropriate information.

The PINK box requires parents to read carefully and INITIAL some places and leave some BLANK. Please call us before completing this section and speak to a MANAGER so you only need to do this once.

b. Read the front and back of the form and sign on the "Parent/Guardian signature" lines.

Legal Guardian must attach the court document.

c. Have a notary public notarize the form on the "Witness signature" line. (Max. Charge \$2 by PA law)

d. Make sure the completed form is delivered back to the gym before the day of the first class.

Kehler's Gymnastics Centers Inc.

680 Parkway, Broomall, Pa. 19008 359-9999

Just dial: 610-"KIDS-FUN"

www.kehlersgym.com

**This document is the property of Kehler's Gymnastics Centers, Inc.
It may not be returned to the parents for any reason.
Cheer/ Tumble & Trampoline**

Please print clearly: Referred by (please ✓): friends mail flyer web site

Street _____
Town: _____ PA, ZIP: _____

Class Code _____
 (please ✓): Boy Girl

REQUIRED*: Working e-mail address: _____ (secure & private)

PRINT Mother's Name: _____
 Mother's cell phone: _____ / Mother's work phone: _____

PRINT Father's Name: _____
 Father's cell phone: _____ / Father's work phone: _____

If parents unavailable at the above numbers and there is an emergency contact:

Name: _____ Phone:(_____) _____ Relationship _____
 Doctor: _____ Phone:(_____) _____

Student's Name _____ / _____ (Last) _____ (First) _____ () _____ () _____ Home Phone _____ Age: _____ Birthdate _____

Do NOT complete this section until you discuss it with a manager please:

A) Physical or other special needs: (If none write "NONE") ☆ _____

B) Has doctor placed any restrictions on the child's participation?
 please initial: ☆ _____ NO
 _____ YES, therefore my **child will not participate at this time** and I will arrange a meeting, on a later date, in person with the Program Director, before participation may be permitted.*

C) Are there any medications or medical tests which may need to be administered during activities?
 please initial: ☆ _____ NO
 _____ YES, therefore my **child will not participate at this time**. If "yes" parent MUST answer (D) below.

D) Leave this question BLANK unless Medication/Special Care is required during the hours of participation:
 Are you as the parent prepared to arrange to have either yourself or other qualified adult on site at all times to administer treatment/ medication? (We do not have trained medical professionals on site. Minors are not permitted to have medication of any type in their possession and will be removed from the program w/o refund if this rule is violated. See back.)
 please initial: _____ YES, therefore my child may participate immediately.
 _____ NO, therefore my **child will not participate at this time** and I will arrange a meeting, on a later date, in person with the Program Director, before participation may be permitted.*

*To schedule meeting address written request to: *Program Director KGC Inc., 680 Parkway Dr., Broomall PA 19008.*

Participant and Parents:

- Are instructed that prior to participating in any Kehler's Gymnastics Centers, Inc. event and/or activity and regularly thereafter, that if he or she believes anything is unsafe, the participant should immediately advise the instructor of such condition and refuse to participate.
- Shall review all USAG & USASF Safety Guidelines(see back)
- Fully understands and acknowledges that: (a) There are risks and dangers associated with participation in gymnastics, cheer-leading, stunting, tumbling, trampoline, rock climbing, karate, inflatables, and other activities and events, including but not limited to those of bodily injury, partial and/or total disability, paralysis and death; (b) The social and economic losses and/or damages, which could result from those risks and dangers could be severe; (c) These risks and dangers may be caused by the negligence of participant or the negligence of others, including but not limited to the 'Releasees' named below; (d) There may be other risks not known to us or are not reasonably foreseeable at this time.
- Accepts and assumes such risks and responsibility for the losses and/or damages following such injury, disability, paralysis or death, however caused and whether caused in whole or in part by the negligence of "Releasees" named below.
- HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE KEHLER'S GYMNASTICS CENTERS, INC., event hosts, or other participants, coaches, instructors, officials, sponsors, advertisers, owners and lessees of the premises used to conduct the event and each of them, their officers, directors, agents and employees, all of which are referred to as 'Releasees,' from all liability to the undersigned, my/our personal representatives, assigns, heirs and next of kin for any and all claims, demands, losses or damages on account of any injury, including but not limited to death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the "Releasees" or otherwise.
- It is agreed that this Waiver and Release Agreement covers each and every activity sponsored by Kehler's Gymnastics Centers, Inc., and/or its member clubs and the 'Releasees' are released as to each and every activity and event.

THE UNDERSIGNED HAVE READ THE ABOVE WAIVER AND RELEASE, UNDERSTAND THAT THEY HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND SIGN IT VOLUNTARILY. In addition, as parent or guardian, I do hereby grant permission to any licensed physician to provide emergency medical care to my child, if necessary, in connection with this activity. I will in no manner whatsoever hold the aforementioned parties responsible for any medical expenses.

No additions, deletions, or changes may be made to this document.

As parent/ legal guardian for above listed child I clearly understand and accept the risks involved FOR MYSELF AND MY CHILD, and grant permission for my child to participate.

Parent/ Guardian** (circle one) : _____ Date _____

**Guardian must be legal court appointed.

Witness(signature authorized witness): _____ Date: _____

**Parents who choose not to add their e-mail address to our private e-mail notice list will not receive all registration notices and therefore must take special care not to miss deadlines. Please resubmit your e-mail address if you do not receive your first reminder within 30 days.

NO REFUNDS. (except as listed in #1)

1. Refund/Credit Policy: There are no refunds for students paying week to week and no refunds for groups and/or cheer squads. Eight Week Registrations: Refunds will be mailed to the parents of Brand NEW students who sign up for eight consecutive weeks, if they have never before attended our programs, if they are displeased. They must fill out a refund request and have it signed by the gym manager within 48 hrs. of the 1st class. Refunds will be mailed in 10-14 days. No refunds to anyone who applies more than 48 hrs. after taking their first class ever at Kehler's Gymnastics. There will be no refunds for deposit monies: only class fees will be refunded. ("RISK FREE" of course refers to monetary risk and in no way implies that there is no risk of personal safety, as described on permission form.) Credit Slips will be given to the parents of students who have prolonged (3 weeks or more) serious illness or injuries starting with the date that a Credit Request Form is in our hands. No retroactive credit will be given for classes missed before we have this form, a doctor's note is required. Credit slips may only be used by the same child or a sibling and must be used within 6 months of the date issued. A doctor's note and a KGC wellness test is required to return to class.
 2. No make ups for Cheerdance or Tumbling & Trampoline Classes. When paying for the classes, a reservation is made for you guaranteeing that you may attend every week. We may turn others away even if you are not here so no make ups are possible.
 3. No siblings, friends, or spectators permitted in gym. Please do not leave unattended minors in our facility. Any spectator under 18 yrs. must be supervised in the balcony or lobby by an adult not participating in the class. Please do not enter gym for any reason unless escorted by a staff person.
 4. Clothing: No street shoes, gum, or jewelry in the gym at any time. All participants may wear shorts and a t-shirt or leotards without tights or skirts. No half shirts please. No belts, zippers, pockets, skirts or wire rim glasses. Finger nails not past the fingertip. Please tie long hair out of eyes. No hats, caps, scarves, or hard hair ties please. Footwear: Bare foot or cheer shoes are permitted.
 5. All items left in the gym will be placed in the "Lost/Found" only. We are not responsible for items left at the gym or for shoes, etc. lost in the pit.
 6. Please pick up students promptly at end of class. (Give us a call for flat tires, etc.) Students not picked up within 10 mins. of the end of activity; \$10 immediate fee plus \$1/min. thereafter. We reserve the right to drop from any of our activities any child whose parent does not pick them up on time. Minors are not permitted to leave the building without parents, so please come into the building to pick them up. Minors may leave with a driver of at least 16 years.
 7. These days the gym is closed. You will not get another notice: 11/28-12/11/19, 12/24/19-1/1/20, 4/10-12/20, 5/24-25/20, 7/4-5/20, 9/5-7/20. All these dates have been figured out of the sessions (prorated) so there is no need to make up these dates.

Snow Days: If we close the gym for any reason we will not call you but we will put a closing message on the 610-"KIDS-FUN" (or 610-359-9999) customer service number. (Press #1) and update the calendar at our website: <http://www.kidsfun.org/calendar-hours.html>. Please call us if there is any question in your mind as to whether we are open. If there is not a closing message on that number then all our gym is open. If we are closed, we will at our discretion, either provide a make-up date for the entire class or provide a credit.

We reserve the right to change the class day/time or to cancel any class when it is in the best interest of KGC Inc. Eight week re-registrations are due 3 weeks prior to the start of the new session. Any payment not made by that date will be treated as a drop and we will feel free to fill that spot with a new student. Any re-registrations made less than 2 weeks prior to the new session are charged a \$2,000/child late fee for processing. Please remember to re-register on time.

Week to week students must pay before stepping onto the gym floor each week. We reserve the right to limit the number of reserved spots available or to turn any away walk ins if the gym is too busy that week. Do not drop off week to week students until you have confirmed that there is actually space for them to stay for class.

Sessions: 9/5/19-10/30/19, 10/31/19-1/4/20, 1/6-2/29/20, 3/2-4/25/20, 4/27-6/20/20. Summer Session for gym classes begins 6/22/20. E-mail required to receive further notices.

Re-registration deadlines (3 weeks prior to new session): 10/9/19, 12/7/19, 2/8/20, 4/4/20.
Students who register after the start of a session must pay for a full session and then also pay (prorated) for the balance due to finish the following session by the registration day. Students who do not do so will lose the balance of classes with no refund or credit. SESSIONS ARE NEVER EXTENDED FOR ANY REASON.

10. Those with casts, stitches, sprains, strains, contagious illnesses, or those who are experiencing pain while participating may not participate. No one may participate in any KGC activities when using narcotics, alcohol, cold medications, pain killers, anti-inflammatory or any other medication or substance which could impair their physical or mental abilities. Parents are asked not to enter the gym without the direct supervision of our staff and to always remain off the apparatus & mats. We reserve the right to terminate or restrict participation or enrollment for anyone if we believe it is in the best interest of KGC, Inc.

11. Medication/ Special Needs Meeting Dates & Deadlines: Those with Special Needs must arrange a meeting with KGC Director no less than 30 days prior to participation, although 60 days is recommended. Generally, parents of children in classes, who require medications, choose to remain in the building at ALL times with the medication in case it is needed. If the child is to be left w/o the parent, such as during day camps, further meetings and staff training with the parents are required, and medical documentation forms must be in our hands at least 30 days prior to participation. Meeting dates/times are assigned and are not negotiable. There are additional FRM deadlines and requirements regarding medications, to protect the children and our staff, so see details at mykidsgym.com (special needs). Minors found to be in possession (in hand, in their belongings, etc.) of any medications of any kind, shall be immediately dismissed from the program with no refund and no further warning. This includes, but is not limited to, inhalers, epi-pens, over counter meds, prescription meds, therapeutic lotions/creams, test kits, etc. Please avoid sending peanuts or peanut products into our building.

12. Regardless of what you may be told verbally by any employee of Kehler's Gymnastics, Inc. these rules will always be strictly enforced to protect the safety and quality of our program. Verbal promises of our staff will not be enforced by the Management. Photos of our customers may be taken by our staff during activities for gym displays, crafts, web site, or press releases, advertising, etc. By signing this form the parent agrees irrevocably to permit use of these photos by KGC Inc. *Working phone and e-mail address required for each customer to participate.

Responsibilities of the Participant

1. Appreciate the Risk. Participation in cheerleading, gymnastics, tumbling, trampolines, rock climbing, inflatables, karate, soft play, and other activities, even under the best conditions, carries with it a reasonable assumption of risk. Appreciate the fact that improper conduct of this activity can result in catastrophic injury, paralysis or even death.
 2. Be Supervised. Every gymnastics session should always be supervised by a competent professional. Never participate in gymnastics without proper supervision.
 3. Dress Appropriately. Always dress in terms of the learning/performing situation. Use chalk, rosin, handgrips, tape, protective body equipment, etc., where appropriate. When in doubt, consult your instructor.
 4. Double Check Equipment. Before every session, be sure that the apparatus is in proper working condition, is correctly aligned, and is adjusted according to individual needs. Also, be sure to have adequate and properly placed matting. When in doubt, consult your instructor.
 5. Communicate Clearly. Establish a clear, accurate communicative link with your teacher/coach. Make certain that both of you know exactly what, when, where, how and why the skill is to be performed and/or spotted.
 6. Be Prepared to Participate. Be sure that you are physically, as well as psychologically, ready to perform. Total fitness is a fundamental prerequisite to safe practices in gymnastics.
 7. Master Basic Skills First. Follow a definite progressive pattern in skill learning. Master first those basic skills that have the broadest application to the more complex skills.
 8. Know the Skill. Be sure to have an accurate visual concept of the full potential of the skill. Know how to initiate, execute, and complete the entire movement. Develop an awareness for the more critical aspects of each skill.
 9. Always Follow Through. Once you commit to and/or go for a skill, always follow through to its full completion. Be keenly aware that a prime consideration is protection of your head and spinal column.
 10. Know Your Limitations. Develop a healthy awareness and respect for your individual limitations in learning and performing gymnastics, rock climbing and other activities.

USASF GENERAL SAFETY RULES

1. All athletes must be supervised during all official functions by a qualified director/coach.
2. Coaches must require proficiency before skill progression. Coaches must consider the athlete, group, and team skill levels with regard to proper performance level placement.
3. All teams, gyms, coaches and directors must have an emergency response plan in the event of an injury.
4. Athletes and coaches may not be under the influence of alcohol, narcotics, performance enhancing substances, or over-the-counter medications while participating in a practice or performance that would hinder the ability to supervise or execute a routine safely.
5. Athletes must always practice and perform on an appropriate surface.
6. [KGC requires barefoot for tumbling and trampoline practice]
7. Jewelry of any kind including but not limited to ear, nose, tongue, belly button and facial rings, clear plastic jewelry, bracelets, necklaces and pins on uniforms are not allowed. Jewelry must be removed and may not be taped over. (Exception: medical ID tags/bracelets.)

Please Sign:

I have read all the above information and understand it all and agree to all the terms. I realize that these rules are important and therefore will not ask for any exceptions.

(circle one) Parent/Guardian** _____ Date _____ / _____ / _____

*Guardian must be legal court appointed.

Make sure we have your current e-mail address or you will not receive all of our notices!

Mark your Kehler's calendar now please:

10/9/19: Reregistration money due before this date.

10/31/19 after 5:15pm all closed

11/28-12/1/19: closed

11/29: Thanksgiving Camp/KFF open/Gym closed

12/7/19: Reregistration money due before this date.

12/24/19-1/1/20: all closed

12/26, 27/2019 New Year's Camp/KFF open/Gym closed

1/20/20: MLKing Camp/Gym & KFF open

2/8/20: Reregistration money due before this date.

2/17/20: President's Day Camp/ Gym & KFF open

4/4/20: Reregistration money due before this date.

4/6-10/20: Spring Break Camp/KFF open (gym closed 4/10-12 only)

4/11-12/20: All closed.

5/10/20: all closed for Mom!

5/24-25/20: all closed for Memorial Day

6/21/20: all closed for Dad!

7/4-5/20: all closed

9/5-7/20: all closed

9/8-9/20: KFF open 10-3:00/ Classes start 9/10/20

Summer Session for gym classes begins 6/22/20. Summer Camp starts 6/22/20.

Reregistration deadlines (3 weeks prior to new session)

Sessions: Sessions: #1: 9/5/19-10/30/19; #2: 10/31/19-1/4/20; #3: 1/6/-2/29/20; #4: 3/2/-4/25/20; #5: 4/27/-6/20/20.

Cheer Tumbling Walk-Ins:

Pay Weekly as long as spaces are available. No discount & No Reserved Spaces for Walk-ins.

Kehler's Gymnastics & Kids Fun Factory

610-359-9999 www.mykidsgym.com fun@kehlsgym.com