

Kehler's Day Camp Covid-19 Protocols

After reading the Kehler's Day Camp Covid-19 Protocols below, please proceed to the bottom of the page for your electronic signature.

We appreciate your interest in our summer programs and patience during this difficult spring and summer as we all monitor the changing situation with Covid-19. We have decided to go forward with our day camp programs, only after so many parents requested that we do so. We understand that many of you are essential workers, and that you depend on us to provide quality supervision while you are busy protecting others. Our other concern is to provide employment for our employees, so they can support their families as well.

Because we have greatly reduced the number of campers, we are allowing this summer, we do not anticipate covering our operating expenses, however we hope to make a much safer experience for everyone. Safety has always been our first concern. We understand that every family must weigh the risks for themselves, and make the best decision for their children, just as we struggled with this decision. So, we have invested hundreds of hours in preparing our facility, training our staff, and preparing protocols, with safety as our first concern.

In constructing our protocols, we have worked together with the local Health Department, who advised us on their recommendations for day camps. In addition, we used the CDC guidelines for summer camp to create protocols for the 2020 Day Camp Program at Kehler's Gymnastics Center. Please read through the following, and share with all caretakers who will drop off campers. These protocols are dynamic, and based on health authorities' recommendations, which may change throughout the summer, in which case we will email updates as needed. You may also see them at www.kidsfun.org.

Drop off 8:45-9:00 am and Pick up 2:45-3:00 pm

Our protocols aim to limit contact between staff and campers' guardians as much as possible.

This year, Kehler's staff will not take children directly from the cars but will instead maintain distance from the car and caretaker at drop off time. Remember please, no parents may enter the building.

Place an 8"x12" sign in the driver's side window with your child's name. Drive past the building, turn left at the second driveway, circle behind the building, and stop at the Manager's Station to check in. Please remain in your car, wear masks, and communicate from a distance.

Our employees are not permitted to converse with anyone not wearing a mask. Adults dropping off children every morning will be asked to verify that they have monitored children for symptoms, that the children are symptom free, and their temperature is not above 100.4 degrees F. Please take your camper's temperature at home every morning.

The Adult dropping off will be instructed to continue around the building to the red side door and stop in line. When no other parents are at the door and your car is at the front of the line, please take the children out of their seat belts, stay six feet or more from the red door to the facility, and send the barefoot campers through the red door to our waiting staff, with only their lunch and water bottles.

We do not recommend late arrivals or early pickups as no parents may enter the building this summer. In the event of an emergency please stay in your car and call the office at 610-359-9999 to get instructions for late drop off. As soon as we can have someone available to greet children at the door, we will return your call. You may also try to reach us at kehlersgymnastics@gmail.com. Be patient please.

Pick Up: 2:45-3:00: Again, please enter via the lower driveway, circle behind our building, and stop at the red door on the side of our building. Place an 8"x12" sign in the driver's side window with your child's name. Your child will eventually exit the red door, and you should then get out of your car, and help your child into the car, and attach their seat belt before exiting the driveway.

Please be patient this year as the drop off and pickup will take more time as we verify no symptoms and distance from caretakers. We appreciate everyone's help. Notify any adult dropping or pickup campers for ALL protocols to prevent any misunderstanding or stress to the campers. Please remember, we are all doing our best.

What to bring: We will not permit sharing of items and will keep each camper's food and water separated from others' in individually labeled containers.

Lunches must be sent to camp in disposable clear plastic zip-lock bags, labeled with the camper's name. Bring a lunch that does not require refrigeration and avoid sugar. No lunch boxes. Disposable products only. Also avoid peanut products if possible as a few children have severe allergies. Seating will be distanced at lunch.

(4) Four 16 oz. disposable water bottles labeled with the camper's name are required. Research indicates that on a warm day a 12-year-old will drink 3.7 sixteen-ounce bottles of water in 24 hours. Only 16-ounce bottles will fit in your child's storage area so do not use other sizes please. Do not send reusable bottles since all water bottles will be trashed at the end of the day. Do not send juice, Gatorade, or other beverages, as we will carry the water bottles in our activity areas.

At the end of the day campers return home with no items from camp. All items that come with the camper will be placed in the trash at the end of the day so do not send "refillable" bottles or lunch boxes. Campers should wear shorts and t-shirts that tuck in. For safety no skirts or leotards with skirts, or anything that looks like a skirt.

Do NOT SEND: day packs, shoes, jackets, phones, hand sanitizer, medications. Children should arrive barefoot, with a zip lock bag for lunch & (4) four 16 oz. water bottles only. You may place the 4 bottles in a disposable plastic grocery bag to carry into the building.

Hand Hygiene and Respiratory Etiquette:

Practice at home so the children are comfortable with the routine. <https://www.cdc.gov/handwashing/when-how-handwashing.html>

We will require frequent handwashing with soap and water for at least 20 seconds, or hand sanitizer that contains at least 60% alcohol, for all campers and staff. Please do NOT send your child with hand sanitizer. We have stocked soap, hand sanitizer, paper towels, tissues, disinfectant cleaners and no-touch trash cans. Sanitizer, or hand washing, will take place regularly before beginning each new activity, which is quite frequently, sometimes as often as every 10 minutes. You may wish to have your camper use hand moisturizer when they get home each day to prevent drying of skin.

Staff and campers should cover coughs and sneezes with a tissue or into elbows. Used tissues should be thrown in the trash and hands washed immediately with soap and water for at least 20 seconds, or use hand sanitizer. Please make sure your camper is potty trained and able to take care of hand washing on their own.

Cloth Face Coverings:

All staff are required to wear a cloth mask at all times except when eating/drinking. The CDC would prefer that all campers wear a cloth mask at all times, however, they recognize that face coverings may be challenging for young campers all-day. If your child starts the day wearing a mask, and it becomes distressful for them as the day progresses, we may allow them to remove it until they are comfortable again. Masks are required for campers age 13 years and over. Campers using masks should have elastic loops at ears rather than ties. Cloth face coverings are not surgical masks/respirators. We strongly suggest that for the safety of everyone, that all campers wear a mask with their name on it.

Posted Health Signs and Daily Instructions from staff will remind campers of protocols. Staff will be trained on the protocols and parents informed by email and our website.

Cleaning and Disinfection We have thoroughly cleaned our facility during the closure and will continue to clean frequently touched surfaces (equipment, door handles, sink handles, light switches). We will limit the use of shared objects for this summer and equipment will be cleaned daily, and whenever possible, between use. Staff will use gloves when removing garbage bags or handling and disposing of trash and then wash hands. When necessary, we will stagger use of lunch areas to allow for cleaning between use.

Ventilation and Water: We will ensure ventilation systems operate properly and increase circulation of outdoor air as much as possible, for example by opening windows and garage doors in the gym area. Drinking fountains have been closed to avoid contamination, but sinks will be available if your child uses all the water in their disposable bottles.

Physical Barriers and Guides We are installing some physical barriers, such as sneeze guards and partitions, in some areas where it is difficult for individuals to remain at least 6 feet apart. During some activities campers will be reminded to remain a safe distance where possible.

Small Groups: Keeping Them Together (Cohorting)

To limit your child's exposure to others, we will keep campers together in small groups of 7 or less, with dedicated staff, and make sure they remain with the same group throughout the day, every day for the entire week. Experience has shown us that there will be times when we must switch a child's group, or add additional instructors, but we will make every effort to limit those occurrences. There will not be large group activities involving the entire camp this year, however, there may be times when we place two or more of our small groups on the same activity, such as a Soft Play Zone, reminding children to safely distance when possible.

Limited Exposure Protects Children & Staff: At this time, we do not plan to have outside groups or parties this summer at our facility, no classes, no general admission in the indoor playground, no weekend hours and very limited camp enrollment. No parents or adults other than Kehler's Gymnastics Center Staff are permitted in the building this summer.

Communicate with us. Do not hesitate to call and leave voicemails or email during the camp day if you have questions or concerns and a staffer will get back to you as soon as possible. The office phone may not always be answered immediately as our staff works to make the campers having a great day. You might also try kehlersgymnastics@gmail.com.

Contact Tracing: Regardless as to what measures are taken to protect our children and staff, it is always possible that someone may become infected with a virus, including Covid-19. Chester County Health Department is in charge of Delaware County during the pandemic and they have asked for the following procedure:

Campers or staff with symptoms should contact their medical professional who will make the decision to test if necessary and will contact the local health authorities if testing occurs. This communication does NOT go through our staff. In the event that someone does need to do contact tracing, the Health Department will require camp managers to release the names and phone numbers of camp attendees who may have been exposed to Covid-19 through contact to the infected person. Please be aware that your contact information will be given to Chester County Health Department should they call and ask, and we request that you comply with their questions about anyone who may be exposed.

If an employee or camper has symptoms or tests positive or has been exposed to someone with Covid-19 within the 14 days prior to being at camp, we request that you e-mail the office at kehlersgymnastics@gmail.com with the dates you attended. As per the Health Department, to protect others, this information may be shared with campers' families from the same small group, or others at camp that week that may have had contact, but only as anonymous information. Camp families and staff may be advised to monitor for symptoms.

Symptoms of illness occur almost daily at day camp for an assortment of reasons, including allergies or being sad because of missing mom and dad. As directed by the Health Department, we will not be informing everyone in camp every time a child has symptoms, but as stated above we will wait for their direction regarding contact tracing should that become necessary.

In the event that a camper shows symptoms during camp, they will immediately be separated from camp groups, temperatures may be taken, symptoms assessed, parents will be called (please make sure we have contact numbers that will be answered and you have an adult ready and able to pick up from camp on short notice). An isolation area where they can sit comfortably and wait for a parent pickup will be used. Isolation areas after 24 hours will be cleaned and disinfected prior to reuse.

We are aware that young children need a positive and fun camp environment this summer and we expect to balance our concern for safety with having a calm and upbeat atmosphere. It will help the children feel comfortable in camp during this time of extra precautions if families will go over the protocols and explanations as to the need for special rules this summer to keep everyone well. We encourage camp families to promote rest, healthy eating, and following CDC guidelines for distancing and other safe practices even while away from day camp, to keep everyone safe. Consider limiting social activities for your child to just their friends at day camp.

When to Stay Home for Staff and Campers

Employees and campers who show symptoms of Covid-19 or have recently had close contact with a person with COVID-19 should stay home for 14 days and monitor for symptoms of fever, cough, shortness of breath, headache, loss of taste or smell, sore throat or stomach distress. If they were exposed to Covid-19, they may return to camp after 14 days if they remain symptom free, based on the time it takes to develop the illness.

Employees and campers should stay home if they have tested positive for or are showing COVID-19 symptoms. Call your medical professional. If the camper or employee is recovering from Covid-19 they should wait 10 days after symptoms appear, have 3 days with no fever and no symptoms, prior to returning to camp.

I have read the KGC Protocols. I understand, and accept the risk, that regardless of what protocols are in place, there is always the possibility that my child, myself, or my family may still contract Covid-19 or other illness as a result of my family participating in Kehler's Gymnastics Center Activities. I will make every effort to follow all the protocols, will check my child's temperature and symptoms daily.

Parent's Name (e-signature)